



FAASA workshop: Saturday May 11, 10 am – 4 pm

Blueprinting your Health

Kira Sutherland



Kira is an Australian naturopath, nutritionist, herbalist and astrologer. She divides her time between clients, writing and lecturing on health, wellbeing and medical astrology.

Known for her vibrant, straight forward teaching style, Kira has lectured in medical astrology across Australia, North America and Europe. In private practice for over 25 years, Kira combines her knowledge of natural medicine with her passion for medical astrology into a wonderful mix of mind – body medicine.

Her qualifications include BHSc, Grad Dip Sports Nutrition, Adv Dip Nut Medicine, Adv Dip Naturopathy, Adv Dip Herb Med.

This one-day seminar will take you on a journey through the world of modern medical astrology. The first half of the day Kira will cover the basic principles of natal chart health, looking at how our ills and wellbeing can be seen within the signs, planets and houses. The second half of the day we dive deeper into the workings of the Natal chart and how the Sun, Moon and Ascendant show us the Blueprint to supporting our health and wellbeing. Focusing on wellness, we will discover what foods, activities and habits can assist us in creating a healthier constitution.

Earlybird by April 13: Members \$60, Conc Members \$50, non-members \$90

After April 13: Members \$70, Conc Members \$60, Non-members \$100

Book your place:

Payment by EFT to **ANZ Stirling, BSB: 015 367 Account Number: 499070824**

Please advise the Treasurer by email to treasurer@faasa.com.au,

or by cheque to FAASA Inc, sent to PO Box 7443, Hutt St PO, Adelaide 5000, or by cash at meeting.